



THE GASPARILLA INN  
& CLUB

## Fitness Classes

Monday – Saturday (no classes on Sunday)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

+ Low/Moderate  
++ Moderate High  
+++ High Intensity  
\* All Levels

Advance reservations recommended, though not required. Classes subject to change.  
For more information or to schedule private, semi-private or group sessions, please call ext. 4555.  
General Class Resort Guest \$12 \*\*Specialty Classes Prices Vary