



B.Y.O.S (Build Your Own Salad) 15



1. Choose your greens: Chopped or Tossed?
2. Choose your toppings
3. Pick your protein

Make Any Salad A Wrap

Flour Tortilla
Whole Wheat
Spinach

Fresh Greens

Organic Greens
Crisp Iceberg
Romaine Hearts

Baby Kale
Arugula

Baby Spinach

Vegetables

Carrots
English Cucumbers
Tomatoes
Bell Peppers
Roasted Corn
Red Onion
Scallions
Mushrooms
Broccoli
Roasted Beets
Hearts of Palm
Artichoke Hearts
Avocado

Fruit

Mandarin Oranges
Strawberries
Blueberries
Apples

Additional Toppings

Chopped Eggs
Chopped Bacon
Dried Cranberries
Edamame
Chickpeas
Black Beans
Roasted Corn
Quinoa

Cheese

Parmesan Cheese
Soft Goat Cheese
Blue Cheese Crumbles
Cheddar Cheese
Queso Fresco
Feta

Crunch

Pecans
Cashews
Almonds
Walnuts
Pepitas
Croutons
Tortilla Strips
Wonton Strips
Sunflower Seeds

Home Made Dressings

Caesar
Italian
Blue Cheese
Thousand Island
Buttermilk Ranch
Balsamic Vinaigrette
Cilantro & Chipotle Ranch
Sesame - Ginger
Honey - Lime Vinaigrette
Vegan Green Goddess

Protein

Tofu 6
Grilled Chicken 11
Chicken Salad 6
Tuna Salad 7
Grilled Shrimp 15
Salmon Filet 19
Fresh Fish of the Day 16
Grilled Skirt Steak 16
Crab Cake 30

